



AORN GLOBAL SURGICAL CONFERENCE & EXPO





THE POWER OF COMMUNICATION

ENGAGING THE AUDIENCE

- This presentation gave a global perspective and update on current workforce challenges and strategies implemented internationally to create a culture of growth, that focuses on building a strong and stable team where staff feel valued and supported.
- Discussed initatives implemented to foster a culture of wellbeing.
- Recognize the barriers that can prevent a resilient and supported workforce.
- Identify strategies to strengthen and promote recruitment and retention.



Focuses and factors related to incivility in Portugal

- Types of incivility:
 - Bullying
 - · Lack of respect
 - Poor communication
 - · How they impact the work environment and patient care.
- Factors contributing to these issues:
 - · Workplace culture
 - Stress
 - · Performance Appraisal process
 - · Systemic challenges (healthcare system)

Unmasking the Challenge: The Faces of Incivility in Healthcare

Category	Factors
Stress and Work Pressure	High workload and tight deadlines; Lack of adequate resources and support
Poor Communication	Ineffective communication among team members; Misunderstandings and breakdowns in information sharing
Negative Organizational Culture	Hostile or competitive work environment; Lack of appreciation and recognition for employees
Leadership Issues	Ineffective or authoritarian leadership; Lack of support and guidance from management
Personal Factors	Personal issues affecting workplace behavior; Lack of interpersonal or conflict resolution skills
Pressured Healthcare System	Budgetary and administrative constraints; Unrealistic performance expectations



- Resilience as a Strategy for Nursing Profession (USA)
- Themes that impact resilience:
- Experience, but not age
- Satisfaction attained
- Positive attitude
- Sense of faith
- Feeling of making a difference
- Leadership strategies
- Support from colleagues
- Insight and ability to recognize stressors
- Maintain work-life balance.

Strategies to Improve Resilience

- Knowledge and skill in time management, crisis intervention, prioritization
- Improving work satisfaction
- Positive attitude, making a difference or a sense of faith
- Belief for making a difference, close relationships, and preparing environments to share experiences
- Using strategies such a debriefing, validation, and self reflection
- Support from colleagues, mentors, and fellow team members
- Identifying depressive agents and their negative effects
- Options such as exercise, rest, social support, and interests



(Finland)

- Positive factors on work motivation in OR
- The ability to do my job well
- Development as a specialist in surgery
- Good social relations with colleagues
- Positive feedback from leaders
- Salary received at work
- Possibility of flexible work hours
- Familiarization with work tasks
- Possibility to pause work

- Offer training courses organized by employer for specialist (certification). Hospitals offer maximum of 15 months education where staff member is paid \$3500 month.
- Maternity leave for 9 months w/ \$2200 month.
 Childcare through 3 years w/\$400 a month. Partial care allowance, working less than 30 hours when child starts school.
- Newly graduated nurses' transition to working life can be supported with programs that include skills and competence development through, among other things, lectures, seminars, simulations, reflection exercises, extended orientation, and mentoring.

(New Zealand)

- 85% of staff are Internationally Qualified Nurses (IQN)
- Each has a relocation champion
- Immigration & Settlement Support Coordinator
- Regular communication during lull period between jobs.
- Weekly progress meetings with education team.
- Electronic procedure log training.

How we support and value our team:

- "Speak Up"- Kindness project & other QI projects
- Open and transparent leadership
- Weekly team newsletter
- Protected monthly SIMS sessions & education time
- Self-allocation of out of hour shifts and on-call rosters
- Intensive orientation program
- Department "Bake Off's" & International Food Festivals"
- Free counselling sessions through external providers
- Social Club activities

HOW CAN YOU HELP GROW AND STRENGTHEN YOUR TEAM

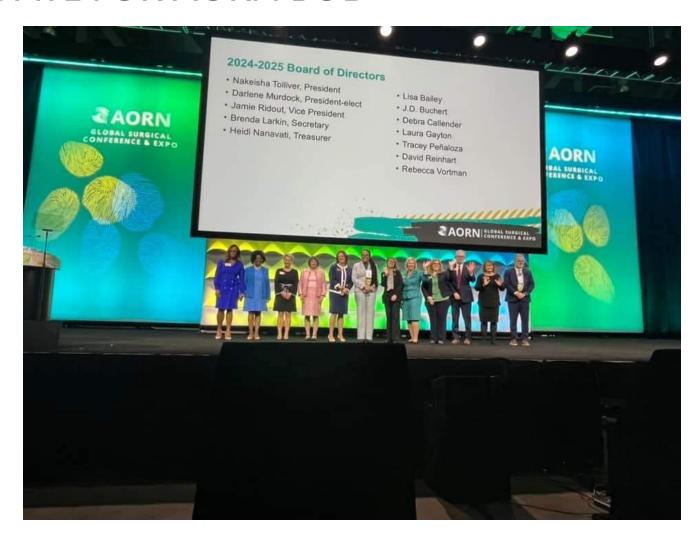
Take 30 seconds to reflect on each question about your own experiences in your work environment.

- I. Why is it important to know your team? (How does this help you be a better nurse?)
- 2. How well do you know your team?
- 3. What support does your workplace need to make this happen? (Think of specific challenges and considerations for your community and workplace.)
- 4. What opportunities are there in your workplace to get to know your colleagues better?



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